

January 2020 Head Start Snack

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Fresh Fruit Sun Chips Juice	3 Muffin Orange Wedge Water	4 Fruit Cup Baked Chips Water	5 Muffin Orange Wedge Water	6 Fresh Fruit Sun Chips Juice	
	9 Sun Chips Fresh Fruit Water	10 PBJ Sandwich w/Milk	11 Fruit Cup Animal Crackers Water	12 Goldfish Juice	13 Fruit Cup Animal Crackers Water	
	16 Out of school	17 Out of school	18 Out of school	19 Out of school	20 Out of school	
	23 Honey Graham Crackers Cheese	24 PBJ Sandwich w/Milk	25 Fruit Cup Animal Crackers Water	26 Goldfish Juice	27 Fruit Cup Animal Crackers Water	
	30 Honey Graham Crackers Cheese	31 PBJ Sandwich w/Milk	Fruit Cup Baked Chips Water			